

Sweeteas



Mum & Me

Dear Mum,

I wanted to share with you the Vision for Mum & Me, because our intent is not to add one more thing to your busy plate. Our HOPE is to offer you the resources to help transform generations of Sweeteas. It is heartbreaking to look at the statistics facing our young girls today, and quite sad that our fast paced lives have left us praying for the best, while we juggle our many roles, believe me.....I know!!!

I am asking that you embrace this with me, because now, more than ever, our Sweeteas need us!!! There are many wonderful qualities of Southern women that need to be celebrated and passed down, and that is what we will do together. Our hospitality, our friendships, our faith, our passion, our giving spirit, the way we decorate, the way we celebrate, from writing works of literary genius to thank you notes, we truly have much to share. We will provide you with monthly tools and notes that will assist you in assuring that you are making a quality investment in the future of your greatest treasure!

Wouldn't it be a delightful place, if the whole world were touched by a lil' Southern Grace?

Blessings,

Rochelle

We are touching the world with Southern Grace! Will you join us?

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OUR MISSION



To Inspire Creativity, To Promote the search for your Passion, To Build "TEAS" strong in Spirit and Health, To Instill Faith, Hope, & Charity and To Strengthen the Bond of Generations of Women.

To leave a legacy of women moved to touch the world with their Grace!!!!



We Believe...

There is a need to "steep" Mums and Daughters together creating a strong sense of **values** that overflows onto others and leaves a legacy to follow.

We believe that every Sweetea has **God-given gifts**, and we hope to explore, encourage, and foster these gifts.

We believe to create a strong sense of character we must develop an attitude of **service** and **gratefulness**.

We believe that it is a NecessiTEA to make our **health** a PrioriTEA.

We believe that we are blessed with a reputation of being charming, charismatic, faith-filled, passionate, and beautiful Southern Women, and it is our duty to share it!!!!

We believe that **Pretty is as Pretty Does!**

Join Us!!!!

Details



Our Sweeteas will be divided into three groups based on age:

Petit Fours- PreK- K

Tea Cups- 1st-3rd grade

Magnolias-4th-6th grade

Mums are motherly figures including mothers, grandmothers, aunts, Godmothers or dear friends.

Tea Host will lead the Mum & Me meetings, and role can be shared among Mums.

A Taste of Our Calendar

Month	Theme	Pearls
January	Something Old, Something New	Goals/Dreams/Hope
February	All That Jazz	Exploring Music/Traditions
March	Pretty Is As Pretty Does	Inner Beauty
April	Bless our ill' hearts	Faith/ Gratitude

The Three Ingredients:

Tea Time, Monthly Meetings & Events

Each month will have a theme, and that theme (ex: Pretty Is As Pretty Does) will flow through all Mum & Me “Ingredients.” Our calendars, gratitude journals, and newsletters will all support our message for the month. (See the *Taste of our Calendar* above.)

Tea Time:

Is “One on One” bonding time with MUM and your Sweetea. Mum will receive a **monthly calendar** and a **gratitude journal** via email that will offer ideas on how to spend “Tea Time” together each week.

Ex: Daily Pearls of Wisdom, Have Tea Together, or Write a Thank You to Someone Special

Monthly Meetings:

Once a month, we encourage you to meet with other Sweeteas and Mums to enjoy Southern Hospitality, earn your **Sweetea Pearls**, and to instill the mission of the Sweetea Sisterhood. Our monthly newsletter will help guide these meetings.

Events:

As we grow, our hope is that we can connect Sweeteas in the same area to have quarterly events that bring the Sweeteas in a community, state or region together to celebrate with Tea! In Mississippi, we have been fortunate to have the Spirit of Women in Hattiesburg to host our launch Tea and have sponsored their local Sweeteas as they have sang with the USM Symphony at Winter Wonderland, presented Mrs. Laura Bush the Sweetea Series, and hosted a city wide Mother/Daughter tea. You may have other organizations in your community like the Junior Auxiliary or Garden Clubs or even Churches that would be interested in hosting these events, and we will gladly give you letters requesting such support.

THEME

Each month has a theme:

Pretty Is As Pretty Does
A Heart of Service
Gifts from the Heart
All that Jazz
Bless Your Heart

What does STS stand for?

Sweet Tea Sisterhood

What is a Spoonful of Sugar?

A pearl of wisdom, a quote or any positive thought that makes your heart smile:)

Earning Your Pearls:

We have three types of pearls you can earn:

Sweetheart Pearls, Spirit Pearls and Service Pearls

Sweetheart Pearls are those pearls given at the discretion of Sweeteas or Club Host for those Mums or Sweeteas that have gone above and beyond to represent Sweeteas in our Community.

Spirit Pearls are those pearls earned monthly by working towards building our values and following our mission. These pearls include attending your monthly meetings, working on projects, writing thank you notes and attending events in the community that expose Sweeteas to the Arts.

Service Pearls are pearls given for working with charities or giving to others by serving neighbors, elders or any person in need of Sweetea hospitality. The host may choose certain charities they would like to support or even choose an individual that the Sweeteas could help by planting flowers, raking leaves or bringing food to sick.

See page 6 for more Q & A about earning pearls.



Mother/Daughter Tea 2011
Sponsored by Spirit of Women
Hattiesburg, MS

How to Start a Club or become a Sweetea Host?

You can start your Mum & Me club today in your home, church, school or community.

Your Sisterhood.....We encourage you to find those Sweeteas in your church,

neighborhood, school and play groups that you feel represent the Sweetea “values” and encourage them to join your Sisterhood. We have all heard “you are the company you keep,” and this gives us, as Mothers, the opportunity to surround our girls with other girls and mothers that truly believe in investing in the future of their children. With this being said, the heart of a Sweetea is one that seeks to touch the world with Southern Grace, so if there are young girls that you know in your community that would benefit from being in this group, please offer to mentor them and add them to your Sweetea Sisterhood.

Your Meetings....We encourage you to meet

monthly..... be it having ice cream, doing service projects, seeing a movie or having an official meeting. Each month you will have a guide as to how to host your monthly meeting, and our vision is that you would have at least 6 each year. The additional 4 meetings can be attending events together or doing community service projects with Habitat, American Heart Association, Make A Wish Foundation, or Animal Shelters for example. We will give you ideas along the way:)

Role as a Host....Your role as a host is to encourage Mothers or Grandmothers to follow through with tea time activities such as our Calendar and Gratitude Journalling. You will also utilize the monthly planner to facilitate your monthly club meetings. Our hope is that you would be the representation for the

Sweeteas by creating a fun environment assuring every member feels special, because she is a part of the Sisterhood. Always encourage your girls to use their manners, to love themselves and others. We encourage you to coordinate with other mothers on snacks and activities by calling or sending emails or utilizing our Sweetea Facebook Page! Our intention is not to place full financial responsibility on our Host, so each month we will encourage the Sweeteas to bring items to complete activities or the host can collect a small fee to cover the supplies. We always seek to keep it minimal. Have fun and enjoy the impact you are having on the lives of other mothers and daughters!!!

Join the Vision

We are asking you to embark on a journey with us to create from the ground floor what we hope will change generations. We welcome your ideas and input as we seek to grow our support system for you and your efforts. While we initially place our trust in your hands that you will exude the Sweetea Mission and passionately seek to transform the paths of these Sweeteas, please know that our hope is that in the near future we have a team that will lead events in your community, a method of tracking your pearls online, and the capability to connect you with leaders and other clubs in your area!

We encourage you to look for your messages and guides from the Sweeteas, commit to your “Tea Time” and get creative and inspired with us!

We all know that it would be a much better place if the whole world were touched by a lil’ Southern Grace, but first we must bloom where we are

planted.....right here in the *South!*

Sample Meeting Agenda

Social- Meet & Greet

Sweetea Creed- Say Together

Host shares the Theme and Message

Sweetea Activity

Tea & Cookies

Each Sweetea shares a Spoonful of Sugar

Host Checklist

1. Make a list of members to invite

2. Choose Location

(Church, Home, School, Tea Shop)

3. Send Invite or Call for Meet & Greet where you will share Club with Mums.

4. Sign up new Members &

Email Rochelle@thesweeteas.com your Host name and members so we can follow your progress:)

5. Choose a date and location to have first official meeting.

6. Ask Mums to share in snacks and activities.

(You may want to let each member host one meeting?)

Q & A about Earning Your Pearls

How many pearls do you need to earn a necklace?

You need 26 Pearls to earn a necklace. The idea is not to do as many projects as possible as quick as possible to attain your pearls, but rather, the necklace should take a two year period to complete. We want our girls to work and appreciate what they have earned.

When will you receive the Sweetea Pearl necklace?

In December of 2011, we will give the official Sweetea pin to those who have begun working toward their Sweetea pearls and have joined as official Sweeteas. The first class of necklaces will be awarded in December of 2012 for those who are in their second year as an official club member.

How do you earn pearls?

Every month there will be a pearl to earn on your Monthly Planner and on your "Tea Time" calendar. If you are meeting as a club, your host can help select community events that would also serve as pearls. We encourage exploring the arts to help your Sweetea find her interest and gifts, so an example of a Spirit Pearl aimed at the arts would be:

a local college symphony, a high school theatrical production, an art exhibit, a ballet, a writing conference or a musical event.

Note:

Of the 26 pearls, 4 pearls must come from attending events supporting the arts to explore the gifts of your Sweeteas and four must also come from acts of service in your community.

How will we track our pearls?

With the formal welcome letter from the Sweeteas, you will receive a bag of loose pearls and a string. Mum will be the keeper of the pearls, and as each pearl is earned she will give to the Sweetea to string. You will also receive a tracker that will help you write down how you earned each pearl. Once the necklace is complete, you will send it to Sweeteas to be exchanged for your Sweetea Pearls. The Sweetea Pearls are specifically for our "Official Club Members." While we may sell other pearls through the Sweeteas, the member pearls will always be special for those who are a part of our Sisterhood.

JOINING US?

If you are joining our sisterhood as an official member, please make sure that on our Wanna B Page that you both submit & complete the email form so that we can make sure you receive your pearls in the mail:)